

EXMOUTH WINTER SERIES 2023/24 SERIES STANDINGS

SERIES POS	Bib	Time	Avg speed	Name	Cat	Cat Rank	Club	% age adjusted	MONTH	BEST 2	PRIZE
1	190	00:20:51	00:04:10	Jenny Reay	F65+	1	EXMOUTH HARRIERS	99%	JAN		
	190	00:35:06	00:35:06	Jenny Reay	F65+	1	EXMOUTH HARRIERS	96%	MAR		
	105	00:39:01	00:07:48	Jenny Reay	F65+	1	EXMOUTH HARRIERS	86%	DEC	195%	Yellow Jersey & Medal
2	102	00:27:22	00:05:28	Christine Williams	F70+	1	TAUNTON AC	83%	JAN		
	102	00:44:57	00:44:57	Christine Williams	F70+	1	TAUNTON AC	82%	MAR		
	102	00:49:20	00:09:52	Christine Williams	F70+	1	TAUNTON AC	75%	DEC	166%	Red Jersey & Medal
3	153	00:17:37	00:03:31	Edward Pickering	M50+	2	SOUTH WEST ROAD RUNNERS	82%	JAN		
	153	00:29:15	00:29:15	Edward Pickering	M50+	1	SOUTH WEST ROAD RUNNERS	83%	MAR	165%	Green Jersey & Medal
4	90	00:30:33	00:06:07	Lawrence Schneck	M50+	1	GREENBOW RUNNING CLUB	80%	DEC		
	90	00:17:42	00:03:32	Lawrence Schneck	M50+	3	GREENBOW RUNNING CLUB	81%	JAN		
	90	00:29:36	00:29:36	Lawrence Schneck	M50+	1	GREENBOW RUNNING CLUB	82%	MAR	164%	White Jersey & Medal
4	121	00:33:43	00:33:43	Pauline Davies	F50+	1	SOUTH WEST ROAD RUNNERS	82%	MAR		
	121	00:20:50	00:04:10	Pauline Davies	F50+	1	SOUTH WEST ROAD RUNNERS	81%	JAN	164%	White Jersey & Medal
6	100	00:26:18	00:26:18	Oliver White	M35+	1	EXMOUTH HARRIERS AAC	85%	MAR		
	100	00:28:46	00:05:45	Oliver White	M35+	2	EXMOUTH HARRIERS AAC	77%	DEC	162%	White Jersey & Medal
7	103	00:27:52	00:05:34	Charlie Wright	MU20	1	CITY OF YORK AC	79%	DEC		
	103	00:15:52	00:03:10	Charlie Wright	MU20	1	CITY OF YORK AC	82%	JAN	161%	White Jersey & Medal
7	77	00:28:03	00:05:37	Adam Tango Holland	M35+	1	TAVISTOCK AC	78%	DEC		
	77	00:15:59	00:03:12	Adam Tango Holland	M35+	1	TAVISTOCK AC	81%	JAN		
	77	00:27:35	00:27:35	Adam Tango Holland	M35+	1	TAVISTOCK AC	79%	MAR	161%	White Jersey & Medal
9	98	00:48:24	00:09:41	Alison White	F65+	2	EXMOUTH HARRIERS	73%	DEC		
	98	00:27:11	00:05:26	Alison White	F65+	1	EXMOUTH HARRIERS	80%	JAN		
	98	00:44:25	00:44:25	Alison White	F65+	1	EXMOUTH HARRIERS	79%	MAR	159%	White Jersey & Medal
10	147	00:22:13	00:04:27	Steve Morgan	M65+	1	EXMOUTH HARRIERS	75%	JAN		
	147	00:36:16	00:36:16	Steve Morgan	M65+	1	EXMOUTH HARRIERS	78%	MAR	153%	White Jersey & Medal
11	186	00:22:20	00:04:28	John Shapland	M70+	1	BIDEFORD AAC	77%	JAN		
	104	00:39:08	00:07:50	John Shapland	M70+	1	BIDEFORD AAC	74%	DEC	152%	
11	70	00:34:10	00:06:50	Laura Fricker	F35+	1	WESTON ATHLETIC CLUB	72%	DEC		
	201	00:31:06	00:31:06	Laura Fricker	F35+	1	WESTON ATHLETIC CLUB	80%	MAR	152%	
13	61	00:35:31	00:07:06	Hannah Bown	F45+	1	EXMOUTH HARRIERS	73%	DEC		
	61	00:33:41	00:33:41	Hannah Bown	F45+	1	EXMOUTH HARRIERS	77%	MAR	150%	
14	67	00:20:53	00:04:11	John Dowell	M55+	2		74%	JAN		
	67	00:36:52	00:07:22	John Dowell	M55+	1		71%	DEC	146%	
15	58	00:31:17	00:06:15	Peter Allen	MSen	1	ERME VALLEY HARRIERS	68%	DEC		
	58	00:17:42	00:03:32	Peter Allen	MSen	7	ERME VALLEY HARRIERS	71%	JAN		
	58	00:29:21	00:29:21	Peter Allen	MSen	1	ERME VALLEY HARRIERS	73%	MAR	144%	MEDAL
16	71	00:18:02	00:03:36	Matt Frost	MSen	10	AXE VALLEY RUNNERS	70%	JAN		
	71	00:29:50	00:29:50	Matt Frost	MSen	1	AXE VALLEY RUNNERS	72%	MAR	142%	
17	93	00:18:00	00:03:36	Ethan Sterry	MSen	10	SOUTH WEST ROAD RUNNERS	70%	JAN		
	93	00:29:45	00:29:45	Ethan Sterry	MSen	1	SOUTH WEST ROAD RUNNERS	72%	MAR		

	93	00:32:01	00:06:24	Ethan Sterry	MSen	2	SOUTH WEST ROAD RUNNERS	67%	DEC	142%	MEDAL
18	86	00:36:44	00:07:21	Joanne Page	F35+	2	OKEHAMPTON RUNNING CLUB	67%	DEC		
	185	00:21:07	00:04:13	Joanne Page	F35+	1	OKEHAMPTON RUNNING CLUB	70%	JAN	137%	
19	59	00:18:32	00:03:42	Howard Bailey	M35+	8	EXETER HARRIERS	70%	JAN		
	59	00:33:19	00:06:40	Howard Bailey	M35+	4	EXETER HARRIERS	65%	DEC	135%	
20	99	00:26:19	00:05:16	Des White	M65+	1	EXMOUTH HARRIERS	65%	JAN		
	99	00:44:09	00:44:09	Des White	M65+	1	EXMOUTH HARRIERS	65%	MAR	130%	
21	110	00:21:37	00:04:19	Steven Best	M35+	8	SOUTH WEST ROAD RUNNERS	60%	JAN		
	195	00:35:53	00:35:53	Steven Best	M35+	1	SOUTH WEST ROAD RUNNERS	61%	MAR	121%	
22	75	00:23:27	00:04:41	Geoffrey Hayward	M40+	4	CRANBROOK RUNNING CLUB	57%	JAN		
	75	00:37:43	00:37:43	Geoffrey Hayward	M40+	1	CRANBROOK RUNNING CLUB	60%	MAR		
	75	00:39:23	00:07:53	Geoffrey Hayward	M40+	3	CRANBROOK RUNNING CLUB	57%	DEC	117%	MEDAL
23	96	00:27:28	00:05:30	Laura Walton	F40+	1	EXMOUTH HARRIERS AAC	55%	JAN		
	96	00:43:02	00:43:02	Laura Walton	F40+	1	EXMOUTH HARRIERS AAC	59%	MAR	114%	
24	64	00:25:04	00:05:01	Lee Cosgrove	M35+	8		51%	JAN		
	64	00:44:02	00:44:02	Lee Cosgrove	M35+	1		49%	MAR		
	64	00:45:01	00:09:00	Lee Cosgrove	M35+	5		48%	DEC	101%	MEDAL
24	85	00:26:07	00:05:13	Tom Nelder	MSen	10		48%	JAN		
	85	00:40:22	00:40:22	Tom Nelder	MSen	1		53%	MAR	101%	