



# RUN EXE 5MILE | EXMOUTH

## MOB MATCH AGE GRADED RESULTS

25th January 2023

[As per UKA rule 165.24 finish times rounded up to the nearest full second.](#)

[Guidance on GPS distance and time recording.](#)



Team	Pos	Pos	Bib	Time	Avg speed	Name	Cat	Cat Rank	Club	% age adjusted	Total	
	1	4	305	0:28:52	00:05:46	Rosie Mew	FSen	1	South West Road Runners	84%	83.83371824	
	1	5	301	0:25:53	00:05:11	Sam Hopton	MSen	1	South West Road Runners	83%	83.3799903	
	1	18	206	0:27:21	00:05:28	Alex Crump	MSen	6	South West Road Runners	79%	78.61441118	
	1	28	296	0:28:05	00:05:37	Jamie Pullinger	MSen	7	South West Road Runners	76%	322%	75.96439169 321.7925114
	2	6	274	0:26:01	00:05:12	Nathan Goddard	MSen	2	Exeter University Athletics Club	83%	82.88559463	
	2	7	264	0:26:25	00:05:17	Devin Coombes	MSen	3	Exeter University Athletics Club	82%	81.63054462	
	2	15	250	0:30:34	00:06:07	Mia Edwards	FU20	1	Exeter University Athletics Club	79%	79.4811871	
	2	20	267	0:31:12	00:06:14	Millie Porter	FSen	2	Exeter University Athletics Club	78%	322%	77.59514062 321.592467
	3	3	243	0:26:09	00:05:14	Oliver White	M35+	1	Exmouth Harriers	84%		
	3	16	241	0:43:43	00:08:45	Alison White	F65+	1	Exmouth Harriers	79%		
	3	22	302	0:33:25	00:06:41	Hannah Bown	F40+	1	Exmouth Harriers	77%		
	3	29	223	0:39:30	00:07:54	Bob Minting	M70+	1	Exmouth Harriers	76%	317%	
	4	9	279	0:30:09	00:06:02	Mark Knight	M50+	1	Newquay & Par	81%		
	4	13	273	0:27:58	00:05:36	Blake Williams	MU20	2	Newquay & Par	80%		
	4	19	280	0:29:28	00:05:54	Ethan Lusty	MU17	2	Newquay & Par	78%		
	4	21	277	0:29:41	00:05:56	Kyran James	MU17	3	Newquay & Par	78%	316%	
	5	26	292	0:31:39	00:06:20	Hannelore Peters	FSen	4	Exeter University Athletics Club	76%		
	5	31	265	0:28:37	00:05:43	Matthew James	MSen	8	Exeter University Athletics Club	75%		

5	33	249	0:32:13	00:06:27	Inca Padfield	FSen	8	Exeter University Athletics Club	75%	
5	36	270	0:30:17	00:06:03	Edward Buckley	MU20	4	Exeter University Athletics Club	73%	300%
6	37	294	0:29:27	00:05:53	Samuel Crowther	MSen	9	Exeter University Athletics Club	72%	
6	38	285	0:30:06	00:06:01	Seb Owers	MU20	3	Exeter University Athletics Club	72%	
6	39	251	0:33:46	00:06:45	Georgie Speck	FU20	3	Exeter University Athletics Club	72%	
6	55	248	0:33:53	00:06:47	Wale Fayoyin	MU20	5	Exeter University Athletics Club	64%	281%
7	49	304	0:31:50	00:06:22	Joshua Sale	M40+	2	Exmouth Harriers	67%	
7	50	252	0:39:10	00:07:50	Paula Hawkins	F45+	1	Exmouth Harriers	67%	
7	52	242	0:43:20	00:08:40	Des White	M65+	2	Exmouth Harriers	66%	
7	53	308	0:33:40	00:06:44	Nathan Budd	M35+	3	Exmouth Harriers	65%	265%
8	41	260	0:34:03	00:06:49	Lucy Hughes	F35+	2	Tiverton Harriers	72%	
8	48	219	0:32:15	00:06:27	Daniel Jones	M35+	2	Tiverton Harriers	68%	
8	62	240	0:62:42	00:12:32	Cathie Welchman	F70+	1	Tiverton Harriers	61%	
8	68	239	0:57:43	00:11:33	Goff Welchman	M70+	2	Tiverton Harriers	52%	252%