

## ORGANISATION OF THE LEAGUE FOR 2022-23 SEASON

The current England Athletics guidelines allow Cross Country events to be organised in the normal way. However should the situation change we may need to make modifications to the way each event is administered (e.g. possible wave starts or amended courses). We will advise clubs should this occur as the season progresses.

The first event of the season will be at Plymouth on October 9<sup>th</sup>.

## CLUB AFFILIATION AND PAYMENT

Clubs need to register for the 2022/23 season of the Westward League and pay their affiliation fee by the end of September together with a pre-payment of athlete fees (based on an estimation of attendance). Payment should be made by BACS.

Please note NO CASH will be accepted on the day. It is the clubs responsibility to administer their own collection of athlete fees as necessary. If pre-payment of athlete fees has not been received clubs must pay their fees by BACS in the week following the fixture

## ATHLETE REGISTRATION

Clubs need to declare their list of runners by the end of September. Clubs must ensure that they have full contact details for all their athletes and that they have given permission for their details to be shared with Power of 10.

Please only register people likely to take part in the Westward League, do not send your full membership database. Athlete list should be submitted electronically on the excel spreadsheet provided. Additional athletes may be added to the list as the season progresses.

Guest runners may take part but will need to complete a separate online form before the day at a cost of £3 payable by BACS. This does not apply to U11's who will be accommodated on the day at a cost of 50p.

## TEAM MANAGER

Every club must inform us of their designated Team Manager together with their mobile number.

If this person is not available on the day we need to know who is responsible on that day and their contact details.

On the day the Team Manager will be responsible for the collection of position markers and the completion of paperwork and returning to race HQ as soon as possible after each race.

## RESULTS

Results will be sent out by email to all clubs on the day after the event.