

RESULTS: 8.2KM Leg

8.2Km = 5.09Mile

Pos	Time	Name	Age cat	Rank age cat	Club / Team	% age adjusted
1	0:25:32	Sam Goodchild	MU20	1	Cornwall AC A Team	84%
2	0:26:14	Sam Hopton	Msen	1	South West Road Runners	80%
3	0:27:28	Jim Cole	M35+	1	Tavistock Run Project Mens	79%
4	0:28:29	Joachim Tranveg	Msen	2	Exeter Harriers	74%
5	0:29:24	Lee Saltor	M40+	1	Exmouth Harriers A	76%
6	0:29:35	Nick Bruce-White	M40+	2	South West Road Runners MV40-49	75%
7	0:29:40	Rob Collier	M50+	1	Axe Valley Runners	81%
8	0:29:49	Adam Miller	M40+	3	Exmouth Harriers B	77%
9	0:30:44	Paul Sole	M40+	4	Cornwall AC B Team	73%
10	0:30:49	Ash Voralia	M35+	2	SWRR Mixed A	70%
11	0:31:09	Lee Moran	M40+	5	Axe Valley Runners	72%
12	0:31:46	Luke Reed	M40+	6	Axe Valley Runners	70%
13	0:31:47	Alison Mcewing	Fsen	1	Track stars	76%
14	0:31:58	Matt Teague	M40+	7	Tavistock Run Project	71%
15	0:32:13	Jodi Fisk	F35+	1	Tavistock AC 1	75%
16	0:32:23	Scott Mansfield	Msen	3	Plymouth Plodders	65%
17	0:32:28	Darren Parmenter	M35+	3	Plymouth Plodders 2	67%
18	0:32:51	Lewis Mill	M35+	4	Tavistock Run Project 2	65%
19	0:33:11	Adam Rooke	M40+	8	Honiton Running Club - Mens Team	69%
20	0:33:20	Katie coult	F35+	2	Swrr senior women	73%
21	0:33:47	Cat Goncalves	Fsen	2	Exmouth Harriers Ladies	71%
22	0:33:48	Amy Sole	Fsen	3	Cornwall AC Ladies A	71%
23	0:34:27	Claire Fraser	Fsen	4	Not Quite TRP	69%
24	0:35:03	Emilie Padmore	F35+	3	HRC Ladies	70%
25	0:35:21	Sam Lake	F40+	1	Tavistock AC - team 2	71%
26	0:36:12	Masako Katase	F40+	2	Tokyo Harriers A	70%
27	0:36:29	Jamie Vittles	M40+	9	City Community Trust	61%
28	0:36:55	Pete Hart	M50+	2	Torbay AC	65%
29	0:37:16	David Goodwin-Hughes	M40+	10	Lockdown Running Buddies	60%
30	0:37:50	David Nicholls	M35+	5	SWRR Strolling Stones	57%
31	0:37:54	Kerry Board	F45+	1	Axe Valley Runners 2	68%
32	0:38:00	Suzie Tosh	F40+	3	SWRR Magic Mixers	67%
33	0:38:46	Graham Cox	M40+	11	Maverick Runners Team 1	59%
34	0:39:25	Jayne Angilly	F55+	1	Cornwall AC Ladies B	78%
35	0:39:37	Maria Neale	F35+	4	Super Six	62%
36	0:39:41	Ron Seward	M65+	1	Axe Valley Runners	71%
37	0:39:58	Laura Nicholls	Fsen	5	South West Road Runners Chickpeas	60%
38	0:40:12	Lisa Hatchard	F45+	2	Exmouth Harriers Ladies masters	66%
39	0:40:40	Carol Austin	F55+	2	Axe Valley Runners	75%
40	0:40:54	Tracy Connor	F45+	3	It runs in the family	65%
41	0:41:23	Darren Barrett	M55+	1	Torbay AAC Magic Mix	62%
42	0:41:38	Tiffany Howard	Fsen	6	Cornwall AC Ladies C	57%
43	0:41:48	Julie Payne	F55+	3	Fun on Friday	71%
44	0:41:49	Caroline Tait	F50+	1	SWRR Ladies in Lockdown	69%
45	0:42:10	Wayne Tooze	M50+	3	Axe Valley Runners 2	57%
46	0:42:12	Sarah Parkhouse	F35+	5	The Heavitree Fitties	57%
47	0:42:36	Julia Conway	F45+	4	Axe Valley Runners	63%
48	0:43:11	Dan Callf	Msen	4	Maverick Runners Team 3	49%
49	0:43:40	Jade Hopton	Fsen	7	Ekiden Eager Beavers	55%
50	0:43:43	Debbie Drake	F55+	4	Torbay AAC fv55	67%
51	0:43:58	Cassandra Harrison	F40+	4	Torbay Athletic Club	58%
52	0:44:29	Ikuyo Kurihara	F50+	2	Tokyo Harriers C	64%
53	0:44:45	Emma Webber	F40+	5	TAC TAMAR RUNNERS	55%
54	0:45:01	Andy Philippou	M55+	2	Torbay AAC mixed up madness	57%
55	0:45:45	Hayley Johns	Fsen	8	The Kellys	52%

56	0:46:13	Jennie Hamer	Fsen	9	Cully Ladies #2	52%
57	0:46:22	Katharine Moran	F40+	6	Axe Valley Runners 2	54%
58	0:46:27	Laura Greenhill	F45+	5	Heavitree Warriors	58%
59	0:46:36	Jacqueline Rice	F55+	5	Okehampton RC	66%
60	0:47:13	Katie Codling	F35+	6	Torbay AAC	51%
61	0:47:16	Tom Jameson	Msen	5	Quarantine Quartet	44%
62	0:47:34	Fiona Williams	F50+	3	The Team With No Name (from Heavitree Running G	59%
63	0:47:51	Gareth Lee	M45+	1	Maverick Runners Team 2	48%
64	0:48:08	Chloe Brice	Fsen	10	Bryn's Shepton Shufflers	50%
65	0:48:24	Janette Mack	F60+	1	Axe Valley Runners	66%
66	0:48:26	Peter Ferlie	M60+	1	Palfreys Pacers	54%
67	0:48:39	Catherine Bartle	F45+	6	HRG Dream Team	54%
68	0:49:46	Robyn Warwick	Fsen	11	Cully Ladies #1	48%
69	0:49:50	Ed Perry	M40+	12	Riverside Runners	45%
70	0:50:58	Tas Felstead	F35+	7	Torbay Athletic Club - ' Team Amateur Slow Coaches	48%
71	0:51:02	Terri Dampier	F35+	8	Shaun's Shepton Shufflers	47%
72	0:52:00	Georgina Berry	Fsen	12	Cullompton ladies #4	46%
73	0:52:23	Amanda King	F40+	7	Dougal's Shepton Shufflers	49%
74	0:53:35	Martin Sterry	M45+	2	(Swrr) Keeping it in the family	43%
75	0:56:46	Kazuko Shinozaki	F50+	4	Tokyo Harriers B	50%
76	0:57:15	Gemma Parish	Fsen	13	Cully Ladies #5	42%
77	0:57:18	Melly Perkin	F45+	7	SWRR Shufflers	46%
78	0:58:42	Kelly Viney	F40+	8	Hank's Shepton Shufflers	43%
79	0:58:47	Never Ashe	F60+	2	Heavitree flyers	56%
80	1:01:15	Rachel ford	F45+	8	Heavitree allsorts	44%
81	1:01:47	Sadie Nash	F40+	9	School gates running mummies - Heavitree Running	40%
82	1:02:21	Liz Frayne	F35+	9	Hrg team 9	39%
83	1:06:29	Alicia Parr	Fsen	14	Cully Ladies #3	36%
84	1:11:55	Jessica Prince	F40+	10	HRG team 5	36%